

**Heritage Christian Academy Middle School Cross Country 2018**  
6/19/18

Mon Aug 13: Practice begins

Sat Aug 24: "Come Hell or High Water" Invitational (Sylvan Dale Ranch, Loveland)

Sat Sept 1: Andy Myers Invite (Greeley)

Fri Sept 7: St Vrain Invitational (Lyons)

Fri Sept 14: John Martin Invitational (FCHS)

Sat Sept 22: Rattlesnake Rumble (Spring Canyon Park, FC)

Fri Sept 28: Windsor/Severance Invitational (Windsor)

Fri Oct 12: Mile High League Meet (Dawson School, Lafayette)

Sat Oct 20: CO Middle School State Championship (Fehringer Ranch Park, Denver)