



# September



| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| 5-Sep<br>Labor Day<br><br>No School   | 6-Sep<br>Cheeseburger<br>or<br>Chicken Sandwich<br><br>French Fries<br>Salad<br>Cookie                         | 7-Sep<br>Taco Salad<br>or<br>Chicken Taco Salad<br><br>Chips & Salsa<br>Tater Tots<br>Churro              | 8-Sep<br>Beef Teriyaki<br>or<br>Sweet & Sour Chicken<br><br>Rice<br>Fruit<br>Yogurt                        | 9-Sep<br>Pepperoni Pizza<br>or<br>Cheese Pizza<br><br>Salad<br>Side Item                                       |
| 12-Sep<br>Roast Beef "Philly"<br>or<br>Chicken Nuggets<br><br>French Fries<br>Veggies & Ranch<br>Cookie   | 13-Sep<br>Baja Fish Tacos<br>or<br>Ranch Chicken Wrap<br><br>Potato Chips<br>Apple Slices<br>Chocolate Pudding | 14-Sep<br>Beef Ravioli<br>or<br>Cheese filled Pasta Shells<br><br>Breadstick<br>Veggie Salad<br>Side Item | 15-Sep<br>Ultimate Nachos<br>or<br>Chicken Chimi<br><br>Lettuce & Tomato<br>Cinnamon Bite                  | 16-Sep (HS Slammin' Famine)<br>Hot Dog<br>or<br>Popcorn Chicken<br><br>Tater Tots<br>Veggie Salad<br>Ice Cream |
| 19-Sep<br>Hamburger<br>or<br>Chicken Tenders<br><br>French Fries<br>Salad<br>Cookie                       | 20-Sep<br>Veggie Egg Rolls<br>or<br>Orange Chicken<br><br>Rice<br>Fruit<br>Chocolate Pudding                   | 21-Sep<br>Bacon & Egg<br>or<br>Maple Chicken Nuggets<br><br>Waffle<br>Potato Triangle<br>Yogurt           | 22-Sep<br>Beef Tacos<br>or<br>Crunchy Chicken Tacos<br><br>Chips & Cheese<br>Lettuce & Tomato<br>Churro    | 23-Sep<br>Sausage Flatbread Pizza<br>or<br>Cheese Flatbread Pizza<br><br>Salad<br>Brownie                      |
| 26-Sep<br>Ham & Cheese Sandwich<br>or<br>Chicken Nuggets<br><br>Veggies & Ranch<br>French Fries<br>Cookie | 27-Sep<br>Meatball Sub<br>or<br>Boneless Chicken Wings<br><br>Coleslaw<br>Potato Wedges<br>Fruit Fluff         | 28-Sep<br>Cheesy Potato Soup<br>or<br>Tomato Soup<br><br>Sm Grilled Cheese Sand.<br>Salad<br>Brownie      | 29-Sep - Oktoberfest<br>Bratwurst<br>or<br>Chicken Tenders<br><br>Red Cabbage<br>Spaetzle<br>Apple Dessert | 30-Sep<br>Lasagna<br>or<br>Mac & Cheese<br><br>Breadstick<br>Salad<br>Side Item                                |

## September Salad Option - \$9.00 Chicken Taco Salad

Grilled chicken, mixed greens, veggies, cheese stick, salsa, ranch dressing, cookie, Doritos.

Grab and Go Option - \$9.00 - Please order in your homeroom class, or take a chance and choose an item from what is available at lunch.

September choices: Salad Option, Spicy Crab Sushi, California Roll, Ramen Noodle Bowl, Pepperoni Hot Pocket.